



AROUND SPORT BCN



**FEMALE TRAINING
CAMPS**
LLUÍS CORTÉS - ASB
SPAIN '23

JUNE 26 - JULY 3
Salou (Spain)



LLUÍS CORTÉS

He was coach of the Catalan U-12, U-16, U-18 teams and the head coach of the Absolute Catalan team from 2014 to 2018.

In 2017 he joined **FC Barcelona** as an analyst, to later hold the position of head coach of the first team, winning a Spanish Super Cup, two Leagues, two S.M. the Queen Cups and a **Champions League**.

Currently, he is the head coach of the Ukrainian Federation team.





FACILITIES

Trainings will take place at **Futbol Salou Sport Center**, located six minutes from the accommodation. They will stay on a full board in a 4* hotel in double rooms.



**INTERNAL
TRANSPORT
INCLUDED**

TIMING

DATE	Morning	Afternoon
Monday, 26	Check-in	Training session
Tuesday, 27	Training session	Training session
Wednesday, 28	Training session	Training session
Thursday, 29	Visit to Barcelona - Camp Nou Experience	
Friday, 30	Training session	Training session
Saturday, 1	Training session	Training session
Sunday, 2	Training session	Check-out



TIMING

8.30h.	Breakfast
9.30h. - 11.00h.	Training session
11.30h.	Pool or beach
13.00h.	Lunch
14.00h. - 16.30h.	Football tactical concepts
18.30h. -20.00h.	Training session
21.00h.	Dinner
22.00h.	Walk around the city
23.30h.	Time to sleep

UEFA PRO COACHES

For coaches:

- Participate in all the training sessions
- Be close to Luis Cortes and his team
- Attend three Keynotes from Luis Cortes and his team
- Network with other coaches



METHODOLOGY

The objective of the campus is that the players to experience the methodology proposed by **Lluís Cortés**, based on contextualized training and the development of the player, focusing on the development of the coordinative, cognitive, socio-affective and emotional-volitional structure.

From the performance of the training tasks **adapted** to the age of each participant, the players will learn to act correctly for each situation that the game may pose.



Players: 15.000 SEK

Families and coaches: 12.000 SEK

Extra night: 650 SEK

MORE INFO

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